

Institutional DSAT Program Women at Levels 1-4+

Computerized Screening Assessment (CSA) – 20-30 minute computer or paper and pencil assessment. Scored at Level 1-4, Levels 3-4 referred for CAI (or w/ staff override).

Comprehensive Assessment Interview (CAI) – 3 hour individual client interview to assess appropriateness for program and level of treatment need.

Level 1: Assessed as having no AOD dependence

- Preventive intervention - 5 sessions of interactive and experiential groups (2 hours/group)
- Client-centered, skills acquisition psycho-educational programming with CBT foundation

Level 2: Assessed at low level of AOD dependence

- 10 sessions of interactive and experiential groups (2 hours/group)
- Client-centered, skills acquisition psycho-educational programming with CBT foundation
- 3 Maintenance sessions

MI/MET Component:

Level 2

- 1 Individual Session

Level 3

- 2 Individual Sessions – Priming and Mid-Treatment 1.5 hours/session
- 2-3 Group Sessions 1.5 hours each group

Level 4/4+

- 2 Individual Sessions – Priming and Mid-Treatment 1.5 hours/session
- 3-5 Group Sessions 1.5 hours each group

Intensive Treatment: Closed Groups

Level 3

- 15 Groups
- 3 hours/group

Level 4/4+

- 26 Groups
- 3 hours/group

Maintenance Groups: Open and can be repeated/continued

Level 3

- 5 Groups
- 2 hours/group

Level 4/4+

- 6-10 Groups
- 2 hours/group